TOWN OF PRESCOTT VALLEY PARKS & RECREATION



VOLLEYBALL LEAGUE RULES & REGULATIONS

OBJECTIVE & PURPOSE

The Town of Prescott Valley Parks & Recreation Department Recreational Volleyball League is designed to provide recreational activity for the residents of Prescott Valley and surrounding communities. The department strives to promote physical fitness, develop sportsmanship and to provide a constructive outlet through recreational activities.

EQUAL OPPORTUNITY

The Town of Prescott Valley Parks and Recreation Department does not discriminate against race, age, disability or national origin in its athletic programs.

PROGRAM INFORMATION

- 1. Leagues offered: Coed A, B and C Divisions; Women A and B Divisions
- 2. Teams must make payment in full to be considered registered.
- 3. Individual players must complete a waiver prior to first game, before they are eligible to play.
- 4. Teams must be available to play on any given evening Monday through Thursday.
- 5. **NO REFUNDS** will be given once game schedules are made available to team managers.
- 6. The Parks & Recreation Department is not responsible for lost or stolen articles.
- 7. All ties in standings will be broken by head to head competition, then by coin toss.
- 8. Awards will be earned by top teams in each division.
- 9. A tournament may be offered at the end of season dependent on available gym space.

CARE OF FACILITIES (food, beverages, alcohol & tobacco):

No food or beverages will be allowed in school facilities. **State Law Prohibits** alcohol and tobacco products in Public School facilities and parking lots, violators will be reported. Misuse of Public School grounds and facilities may lead to loss of use in the future, and therefore, will not be tolerated. Please help us continue our good standing with the school district and take care of the facilities. You are responsible for yourself and your children <u>inside/outside</u> school facilities.

SAFETY OF CHILDREN

Parents/guardians/players are responsible for the safety and behavior of children they bring to the game site. Children are not allowed to climb or play on/with school equipment, play with balls or toy cars at facilities. A player may be asked by an official or site supervisor to leave a game/match to attend to children. Teams may forfeit due to unruly children.

LOCAL VOLLEYBALL RULES

The Town of Prescott Valley Adult Recreational Volleyball League will be played according to the rules of the Arizona Interscholastic Association (AIA), with emphasis on RECREATIONAL play. Town League rules supersede AIA.

- 1. Players must be 15 years of age or older by the first game to participate. Parent consent is mandatory for players under 18 years of age.
- 2. Teams must have a minimum of four (4) players to begin and finish a game.
- 3. Rosters are open throughout the season. A player may be added who has not participated on another team. Additions/Deletions to rosters may be made through the Site Supervisor. **COED A- Players may only be on ONE Team roster for entire COED A season.** 1.4.16
- 4. Substitutions must be made during a dead ball situation.
- 5. Players must rotate in to the center back position.
- 6. Players arriving late may enter immediately (during a dead ball) into the vacant spots prior to the first team rotation. After that they must rotate to the center back position.
- 7. Teams are allowed one (1) 30 second time out per game. Only the team captain may call a time out or question a play.
- 8. A match consists of three (3) games. Win/Loss record will be recorded and used to declare the champion in each division.
- 9. Game time is forfeit time. Five (5) minutes after start time second game will be forfeited, and ten (10) minutes after start time, third game will be forfeited.MINUTES PRIOR TO LISTED GAME TIME. No warm up time is given.
- 10. Serves may be overhand, underhand or sidearm.
- 11. The server may serve from any point behind the back line staying within the boundary of the court.
- 12. A serve may NOT be blocked or attacked.
- 13. A served ball that hits the ceiling or overhang is considered **side out**.
- 14. When serving, the server must let the ball hit the floor to get a reserve or replay.
- 15. Balls that hit the ceiling or overhead object and stay on the offensive side may be played if hits remain.
- 16. Balls that hit the ceiling or overhead object and land on the defensive side will result in **point** or **side out**.
- 17. Any ball in which a player must enter another court to contact will be considered out of play.
- 18. A player's hand or foot only may contact the opponents' court, under the net, (but not over) without violation if it does not interfere with the opponents play.
- 19. A block is not considered a hit and therefore cannot be a double hit.
- 20. If teams agree, with referee's knowledge, on any rule modifications, protests will not be permitted for that match. Example: Non-Roster Players
- 21. Three (3) forfeits or no shows by a team will result in that team being dropped from the league. **NO REFUNDS WILL BE GIVEN.**
- 22. Games are played to twenty five (25) points and must be won by two (2) points, or first to reach 29 points.
- 23. All games are played with rally scoring; a game time limit may occur if deemed necessary.
- 24. Referee score will be official and final. Protest must be made to the official, then Site Supervisor prior to end of game/match.

ADDITIONAL COED RULES

- 1. Serving order and positions on the floor must alternate male/female unless the team is uneven.
- 2. If a coed team does not have the same number of each gender, they may play up no more than one (2) additional women players (ex. 2 men & 3 women or 4 women & 2 men).
- 3. Men are not allowed to spike in Coed B & C leagues. A spike is defined as a "forceful downward motion of the ball". Hitting with the back of the hand will be considered a spike if it falls under the said definition.
- 4. Coed league players may only substitute for a player of the same gender.
- 5. Coed B & C teams must have one hit made by the opposite gender if three hits are needed.
- 6. COED A- Players may only be on ONE Team roster for entire COED A season. 1.4.16

PROTESTS

Protests will be handled on a case by case basis. Please see information sheet regarding legal protest procedures.

TEAM CAPTAIN/MANAGER RESPONSIBILITIES

Team captain/manager will have a current daytime & evening phone number listed on the roster. All managers are responsible for the *Code of Conduct* of their players and spectators associated with them. Violations of the *Code of Conduct* or behavior deemed "inappropriate" will receive a minimum/maximum penalty. Team captain/manager is the only team member that may address the official during match play.

CODE OF CONDUCT

- A. No player will at any time lay a hand upon, shove, strike or threaten a recreation staff member, official, player or spectator.
- B. No player will be guilty of obscene gestures and/or abusive verbal attack upon any player, official, spectator or recreation staff member.
- C. No player will be guilty of using unnecessarily rough tactics or rude sounds in the play of the game against the body and/or person of opposing player.
- D. No player will appear on the contest area under the influence of alcohol or drugs.
- E. Team captain/manager is the only team representative who may discuss a ruling with the facility supervisor or official. All judgment decisions are final.

SPORTSMANSHIP

Recreational sporting leagues offered by the Town are designed to be leisure in nature with an emphasis placed on sportsmanship and fair play. Participants are encouraged to be competitive and abide by the intent of the league at all times. Unsportsmanlike behavior is not tolerated.

UNSPORTSMANLIKE CONDUCT

Includes actions of deceit, disrespect, or vulgarity unsportsmanlike conduct by a player, coach, manager or spectator includes, but is not limited to the following:

- A. Derogatory remarks to official, opponents, team members, spectator, or recreation staff.
- B. Excessive questioning or attempts to influence official or recreational staff decisions.
- C. Showing disgust with officials or recreation staff and/or their decisions.
- D. Using insulting language or gestures or baiting acts which produce ill will.
- E. Making any contact with an opponent which is deemed unnecessary and which incites roughness.
- F. Stomping feet, waving hands/arms, deliberately shouting or whistling, or making loud sounds at an opponent playing the ball in an effort to distract the other player.

1. Minimum Penalties

Warning by official and/or Site Supervisor; possible ejection from the contest, probationary status and/or multiple game suspensions as determined by the Department.

2. Maximum Penalty

Participant removal from further league play and/or possible extended recreational suspension

SCHEDULE CHANGES

Schedule changes may be necessary at times due to Public School availability, game cancellations and/or the scheduling of make up games. Team mangers will be notified of changes as soon as the Parks & Recreation Department becomes aware. **Team managers are responsible for notifying their team of any and all changes; this includes snow days.**

<u>CANCELLATION INFORMATION:</u> Dial 928-759-3093 during inclement weather, cancellation information will be posted as soon as we become aware.

If your team needs to forfeit call 928-759-3090 before 5 p.m.

ELASTICITY CLAUSE

Judgments will be made upon any rule or procedure not stated herein by the Parks & Recreation Department as necessary, to provide for the recreational enjoyment of players, coaches, managers, spectators, officials, and recreation staff members. The Parks & Recreation Department of the Town of Prescott Valley reserves the right to change, add, or delete, any rules or regulations as it benefits the program.

09.01.17